



"There is a magic window during pregnancy...it's a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse."

David Olds, PhD Founder of Nurse-Family Partnership Professor of Pediatrics at University of Colorado

Overview

 An evidence-based, community health program
 Dr. David Olds @ University
 of Colorado in 1977

 Improving prenatal care, quality of parenting and life prospects for mothers by partnering them with a registered nurse

Every dollar invested in Nurse-Family Partnership can yield up to \$5.70 in return



GOLD STANDARD RESEARCH







1977 Elmira, NY 400 Low-income whites Semi-rural area

1990 Memphis, TN 1,138 Low-income blacks Urban area

1994
Denver, CO
735
Large proportion of Hispanics
Nurses and paraprofessionals





The following outcomes have been observed among participants in at least one of the trials of the program:

 $48\% \ \ {\rm reduction \ in \ child \ abuse \ and \ neglect}$ **56%** reduction in ER visits for accidents and poisonings 50% reduction in language delays of child age 21 months 67% less behavioral/intellectual problems at age 6 **79%** reduction in preterm delivery for women who smoke **32%** fewer subsequent pregnancies **82%** increase in months employed



280,000+ FAMILIES SERVED

Since replication began in 1996

41 STATES

the U.S. Virgin Islands and some Tribal communities

5X \$ RETURN

Every \$1 invested in NFP saves \$5.70 in future costs for the highest-risk families served



OUR VISION

A future where all children are healthy, families thrive, communities prosper and the cycle of poverty is broken.





KEY GOALS

- Improve Pregnancy Outcomes
- Improve Child Health and Development
- Improve Economic Self-Sufficiency of the Family



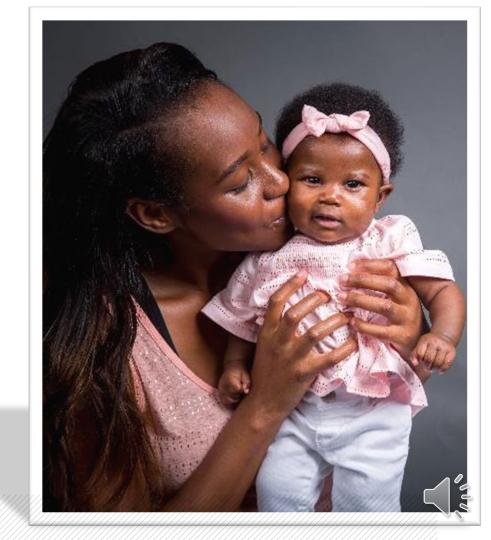
Key Components

- First-time, at-risk mothers
- Public Health Nurses
- Intensive services (intensity, duration)
- Focus on behavior
- Establishing and building relationships
- Program fidelity



Enrollment Criteria

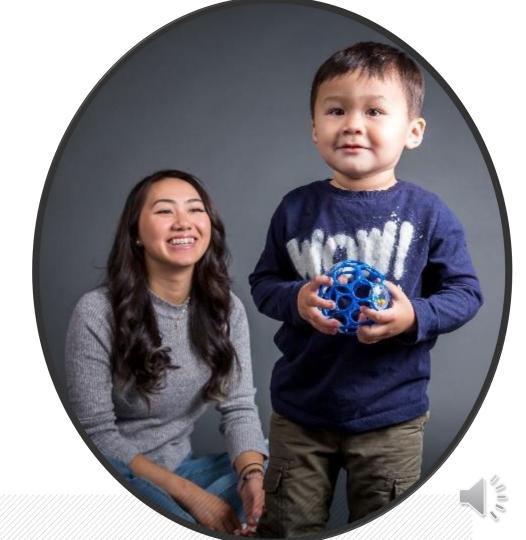
- First time pregnant (expecting 1st baby)
- No more than 28 weeks pregnant. The earlier the better.
- Resides in Los Angeles County



Multip Pilot Program

Enrollment Criteria

 Pregnant and parenting with a minimum of one secondary risk factor.







Maternal Child and Adolescent Health Nurse Family Partnership Program 600 S. Commonwealth Avenue, Suite 800 Los Angeles, California 90005 Phone: 213) 639-6478

Fax: 213) 639-1035

https://www.nursefamilypartnership.org/

For more information on Maternal, Child and Adolescent Health

http://lapublichealth.org/mch/index.htm

